



**RIEBEECK**  
Bergmarathon



**THE 26<sup>th</sup>**  
**PPC CEMENT RIEBEECK BERGMARATHON**  
**- 30 JULY 2011 -**

**Marathon 42,2km 07h30 • Half Marathon 21,1km 08h00 (Walkers welcome)  
Run / Walk 10km 08h30 • Fun Run / Walk 5km 08h45**

**Organised by the Altech Autopage Swartland Athletic Club**

**Break away and experience a weekend in the picturesque Riebeeck Valley only 1¼ hours drive from Cape Town**

The Marathon is a qualifier for the Comrades Marathon. Run under the rules of Athletics South Africa and Boland Athletics.



**Start:** PPC Cement Plant  
**Finish:** PPC Cement Plant  
Closing date for entries: 17 July 2011  
**No late entries will be accepted**

**The PPC Cement Riebeeck Bergmarathon was awarded the  
Best Sponsored Event and Best Organised Event by Boland Athletics**

PLEASE INDICATE WHICH RACE YOU ARE ENTERING BY MARKING THE APPROPRIATE BLOCK  
(PLEASE ENSURE THAT YOU MARK THE ENTIRE BLOCK)

BERGMARATHON – R70.00 RED NUMBERS	HALF MARATHON – R55.00 BLUE NUMBERS	10km RUN/WALK – R35.00 GREEN NUMBERS	5km FUN RUN – R10.00
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**A ChampionChip is required for all three races except the Fun Run**

PLEASE COMPLETE THE FORM USING BLOCK LETTERS  
Post entries To: P.O. Box 34, Riebeeck Kasteel, 7307

ID Number ..... ChampionChip Number .....

First Names .....

Surname .....

Postal Address .....

Code .....

Tel. Code ..... Tel. Home ..... Cellphone .....

Tel. Code ..... Tel. Work .....

E-Mail Address .....

**Chip owners can check their chip details at [www.championchip.co.za](http://www.championchip.co.za)**

Male  Female  Date of Birth ..... Age on race day .....

No. of marathons completed ..... 2011 License no. ....

Club .....

	42.2 km	21.1 km	10 km	Fun Run
Entry Fee	R70.00	R55.00	R35.00	R10.00
If not in possession of 2011 license. Temporary license	R25.00	R25.00	R25.00	n.a
ChampionChip buy	R80.00	R80.00	R80.00	n.a
ChampionChip rent	R30.00	R30.00	R30.00	n.a
<b>TOTAL:</b>				

**ChampionChip Timing**

This event is being timed with the ChampionChip system and therefore you are required to have a ChampionChip to participate in the event. To ensure that you are accurately recorded in the Race Results, it is important that your ChampionChip is correctly registered in your name. If you do not currently have a ChampionChip, or want to verify that your ChampionChip is correctly registered, this can be done on the internet at [www.championchip.co.za](http://www.championchip.co.za) or by contacting ChampionChip Africa on 0861 100 963. If you have a ChampionChip code number it must be entered on this entry form.

Your ChampionChip **MUST** be correctly attached as per instructions supplied with your ChampionChip.

For correct attachment instructions please visit [www.championchip.co.za](http://www.championchip.co.za).

**RULES AND WAIVER**

I agree not to hold the PPC Cement Riebeeck Bergmarathon Committee, PPC Cement and Altech Autopage Swartland Athletic Club or any sponsors, or any persons assisting with the organization or holding the race, liable for any damage to my property, injury or illness which I may suffer directly or indirectly as a result of participating in the race. Entrants irrevocably consent to PPC or their assignees using any photographs or film of themselves taken during or after the events, for promoting their products and/or name. I confirm that this Special Assignment is entered into for the benefit of the PPC Cement Riebeeck Bergmarathon, Altech Autopage Swartland Athletic Club or any sponsors, or any persons assisting with the organization or holding of the race.

Signature:..... Date:.....

Signature of Parent/Guardian (if under 21):.....

AGE CATEGORY TAGS MUST BE WORN ON FRONT AND BACK OF SHIRT OR VEST TO QUALIFY FOR A CATEGORY PRIZE

PRIZE MONEY	MARATHON	HALF MARATHON	10km
JUNIOR		R100	R200
OPEN 1	R1000	R1000	R1000
OPEN 2	R475	R475	R475
OPEN 3	R200	R200	R200
40 +	R475	R475	R475
50 +	R250	R250	R250
60 +	R100	R100	R100
GRAND MASTER 1	R200	R200	R200
1 <sup>ST</sup> SWARTLAND	R300	R300	R300
1 <sup>ST</sup> PPC PARTICIPANT	R300	R300	R300
1 <sup>ST</sup> TEAM 4X100	R400	R400	R400

#### MEDALS

**GOLD – FIRST 10 MEN & WOMEN** including category winner.

**SILVER – POSITION 11-110** (Except Gold Winners).

**BRONZE** – Awarded to all remaining Athletes in each race, who finish within the cut off time.

**5km Fun Run** – Medals awarded to first 300 finishers and spot prizes up for grabs.

#### INFORMATION

- STARTING TIME: MARATHON 07h30/HALF-MARATHON 08h00/10km RUN/WALK 08h30/5km FUN RUN/WALK 08H45
- Number Collection: From 16h00 – 20h00 on Friday, July 29, 2011 and from 05h30 – 07h30 on Saturday, July 30, 2011 at PPC Cement Riebeeck, Riebeeck West (see map on reverse).
- Receipt of entry will be confirmed.
- A race photographer will be available: Please tear off the chevron strip on your race number if you require a photograph.
- Athletes will not be allowed to switch races or participate using another athlete's official race number after the closing date.
- NO LATE ENTRIES WILL BE ACCEPTED.
- All results can be found on [www.championchip.co.za](http://www.championchip.co.za) as well as on [www.ppc.co.za](http://www.ppc.co.za).
- The cut-off times are as follows: 42.2km: 5 hours (2½ hours at halfway mark) • 21.1km: 4 hours • 10km: 2½ hours
- Athletes should bring their own safety pins.
- Contact the TOURISM CENTRE for accommodation in the Riebeeck Valley (022) 448 1545.
- Toilets and showers will be available.
- Prize giving will be held at 10h30 – Fun Run, 11h00 – 10km Race, 12h00 – Half Marathon, 12h30 – Marathon.
- Entrants belonging to a registered ASA club must run in club colours.
- PPC Cement Riebeeck Bergmarathon race number should be displayed on the front of participant's shirt or vest.
- 2011 license or temporary license number should be displayed on the back of participant's shirt or vest.
- Entrants under the age of 16 years may not enter the half marathon.
- Minimum age for the full marathon is 20 years of age.
- Entrants under the age of 9 may not enter the fun run.
- No pacing and seconding will be allowed.

**THE CLOSING DATE FOR ENTRY FORMS IS SUNDAY, JULY 17, 2011**

**PLEASE NOTE NO LATE ENTRIES WILL BE ACCEPTED**

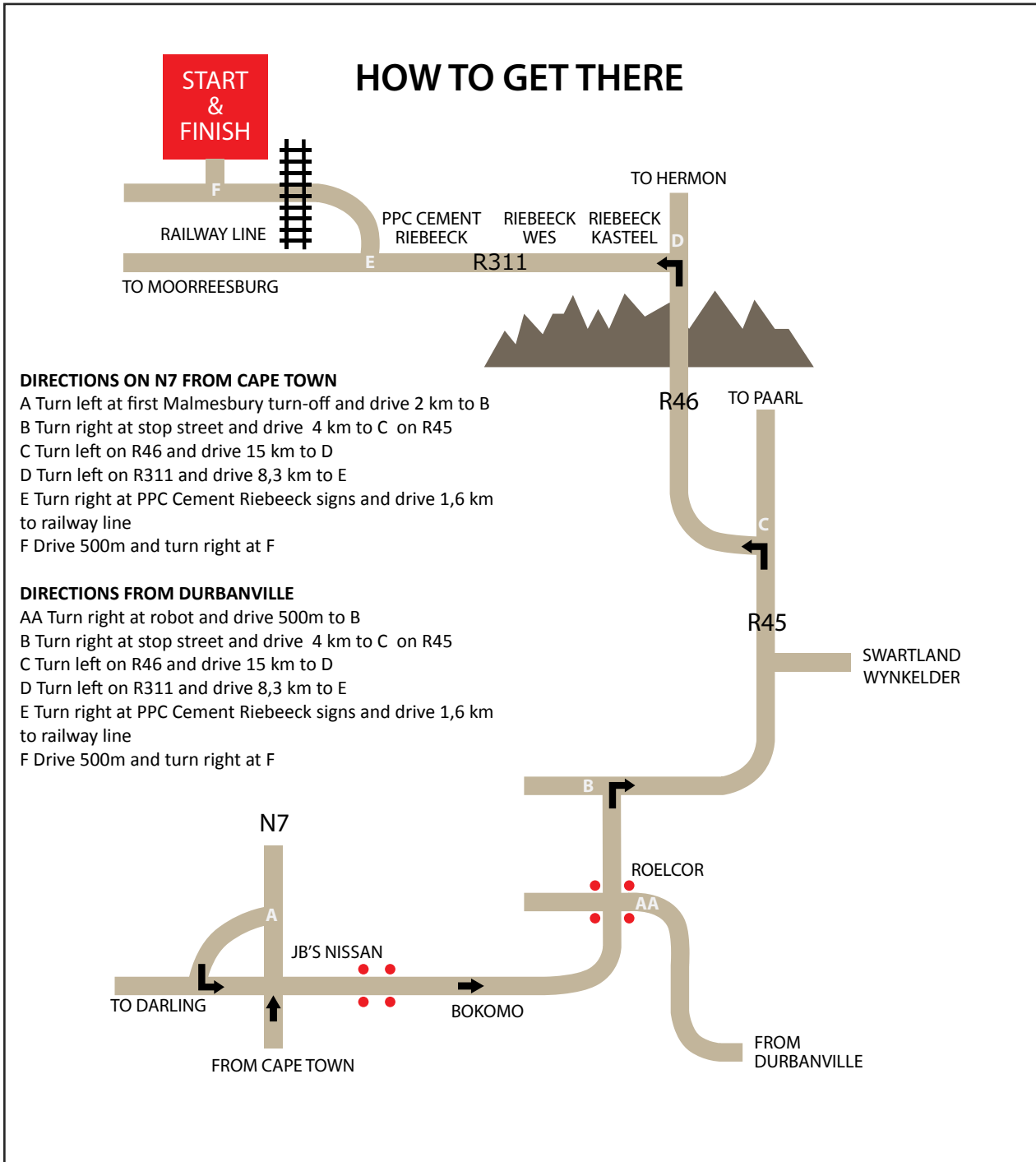
10 km	42.2 km and 21.1 km
Postal Entries: P.O Box 34, Riebeeck Kasteel, 7307 (Closing date: Sunday, July 10, 2011 ) Crossed cheques and Postal Orders made payable to: "Riebeeck Bergmarathon" Direct Deposits: Riebeeck Bergmarathon. ABSA Bank (632 005) Acc No. 380 700 557	
Fax: 086 530 4369 / 022 448 1434	Fax: 086 509 3832 / 022 448 1565
Enquiries: Anneke Mouton 082 495 3234	Enquiries: Ilze Vlok 079 523 5145



**26<sup>th</sup> PPC CEMENT RIEBEECK BERGMARATHON  
30 JULY 2011**

Enter online at [www.championchip.co.za](http://www.championchip.co.za)

Marathon	42,2 km	07h30
Half Marathon (Walkers welcome)	21,1 km	08h00
Walk/Run	10 km	08h30
Fun Run/Walk	5 km	08h45



## - Questionnaire -

PPC wants to ensure that hosting the Riebeeck Bergmarathon has little or no impact on the environment and has worked with suppliers and contractors to ensure that the event is as environmentally friendly as possible. Please support with generating the information in order for us to understand the environmental impacts of the event.

1. Where will you be travelling from? (Please give town/city and suburb)

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2. If you are travelling by train or flying which stations/airports (if any), which main stations or airports will you be travelling via to get to Riebeeck (e.g. George to Riebeeck via Cape Town)?

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3. If you are travelling by road please indicate by marking the appropriate box:

Type of vehicle:

motor bike	car	4x4	minibus	taxi bus
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Fuel type, if known:

Petrol	Diesel
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Engine size, if known (e.g. 1.6litre)

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Estimated distance to be driven to get to Riebeeck (i.e. one way) km

.....

4. Number of athletes travelling in the same vehicle?

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5. In future would you be interested in using organised transport (e.g. coaches) from Cape Town to Riebeeck and back to reduce the need to hire a car or the distance to be travelled in your own vehicle?

Yes	No
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6. Will you make use of overnight accommodation, please mark the appropriate response:

Yes	No
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If yes- indicate the number of nights:

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**Please submit your completed questionnaire with your entry form.**